BRUSH BREAK

A BREAK BEFORE BURNOUT

ABOUT US

We empower companies to reduce employee burnout through curated watercolor workshops designed for professional wellbeing. Maya Modi's signature workshop integrates the fluidity of watercolor in corporate environments during intentional breaks, giving employees a reason to pause. By enabling participants to enter flow state, her methodology is proven to reduce stress and increase clarity.

NAICS: 611610 Fine Arts Instruction,
611430 Professional & Management DT
Accepts Credit and Purchase Cards
DBA: Maya Modi, Maya X Kiwi, Brush Break Co

POINT OF CONTACT:

Maya Modi, Founder

Dallas, Texas (Serving Globally)

https://www.brushbreak.co/

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469-583-0344



CORE COMPETENCIES

- Experience Developing Accessible Art Programs for Complete Beginners
- Specialized in Preventative Burnout
- Facilitates Connection and Team Building
- Increasing Problem Solving and Clarity in employees
- Trained in Mindful and Creative Wellness
- Certified by NAMI in Mental Health Support

SERVICES OFFERED

In-Person Watercolor Wellness Workshops | Virtual Lunch + Learn | Extended Burnout Reduction Programs | Custom Branded Watercolor Kits | Company Retreats

KEY DIFFERENTIATORS

Scale
Experience developing large scale initiatives for creative wellbeing at companies with over 10001+ employees across various locations.

Groups
Ability to lead teams of up to 60 employees per session while maintaining a soothing, restorative environment.

Custom Artwork
Custom design services available for marketing